

Appendix

Appendix A: Wild vegetables species collected in Tat

Scientific name	Collection period												Vietnamese name	Part used	
	Sell	J	F	M	A	M	J	J	A	S	O	N			D
<i>Fagopyrum cymosum</i>														Rau chua	Leaves
<i>Gynura crepidioides</i>														Rau tau bay	Leaves
<i>Gnaphalium indicum</i>														Rau khuc	Leaves
<i>Latuca india</i>														Rau diep dai	Leaves
<i>Ficus fulva</i>														Rau ngoa	Leaves
<i>Colocasia esculenta</i>														Mon	Tubers
<i>Houttuynia cordata</i>														Rau dang	Leaves
<i>Sauropus sp.</i>														Ngot rung	Leaves
<i>Colocasia gigantea</i>														Mung	Stem
?														Phac van	Leaves
?														Rau ghem	Leaves
<i>Diplazium esculentum</i>														Rau don	Leaves
<i>Broussonetia papayrifera</i>														Rau duong	Leaves
?														Rau chuoi	Leaves
<i>Dioscorea chingii</i>														Cu tu	Tubers
<i>Dioscorea persimilis</i>														Cu mai	Tubers
<i>Dioscorea cirrhosa</i>														Cu nau	Tubers
<i>D. hispida</i>														Khoai mai	Tubers
?														Cu nghe	Tubers
<i>Alpinia conchigera</i>	v													Cu gieng	Tubers
<i>Zingiber officinalis</i>														Cu gung	Tubers
<i>Livistona cochinchinesis</i>														Cay co	Stem

<i>Micromelum falcatum</i>																	Ot rung	Fruits
?	v																Cay vo	Stem peel & root

■ Collecting period


Appendix B: Wild fruit species collected in Tat

Scientific name		Collection period												Vietnamese name	English name				
		Sell	J	F	M	A	M	J	J	A	S	O	N			D			
<i>Musa coccinea</i>	v																	Chuo rung	Flower & fruits
<i>Nephelium lappaceum</i>	v																	Chom chom	Fruit
<i>Nephelium cuspidatum</i>	v																	Qua vai rung	Fruit
<i>Sauraujia tristyla.</i>	v																	Qua nong	Fruit
<i>Ficus glomerata</i>																		Qua sung	Fruit
<i>Garcinia mutiflora</i>	v																	Qua doc	Fruits
<i>Solanum torvum</i>																		Ca dai	Fruits
<i>Artocarpus sp.</i>	v																	Qua queo	Fruits
<i>Zanthoxylum nitidum</i>																		Tieu rung	Seed
<i>Clausena lansium</i>																		Qua hong bi	Fruits
<i>Clausena lansium</i>																		Qua hong	Fruits
<i>Rhodomyrtus tomentosa</i>																		Qua sim	Fruits
<i>Artocarpus sp.</i>	v																	Qua mit	Fruits & leaves
<i>Micromelum falcatum</i>																		Ot rung	Fruits

■ Collecting period

Appendix C: Mushroom species collected in Tat

Scientific name	Collection period												Vietnamese name	English name	
	Sell	J	F	M	A	M	J	J	A	S	O	N			D
<i>Lentinula edodes</i>	v													Nam huong	Whole plant
<i>Cantharellus cibarius</i>														Nam ken	Whole plant
<i>Lentinus tigrinus</i>														Nam tai	Whole plant
<i>Lepiota procera</i>														Nam o	Whole plant
<i>Astraeus hygrometricus</i>														Nam buom	Whole plant
<i>Termitomyces eurhizus</i>														Nam moi	Whole plant
<i>Polyporus squamosus</i>														Nam ngon	Whole plant
<i>Auricularia polytricha</i>	v													Moc nhi	Whole plant

 Collecting period

Appendix D: Bamboo species collected in Tat

Scientific name	Collection period												Tay name	Vietnamese name		
	Sell	J	F	M	A	M	J	J	A	S	O	N			D	
<i>Neohouzeaua dullooa</i> Var.1	v														No pao	Nua tep
<i>Neohouzeaua dullooa</i> var. 2	v														No hia	Nua dai
<i>Dendrocalamus</i> <i>paterlaris</i>	v														No hang	Mang giang
<i>Sinocalamus giganteus</i>	v														No puoc	Mang buong
?															No luong	Mang luong
?															No hoc	Mang buong
<i>Bambusa bambos</i>	v														No met	Mang tre
<i>Bambusa nutans</i>															No but	Mang vau
<i>Bambusa flexuosa</i>															No van	Mang van
<i>Bambusa sp.</i>															No khom danh	Mang dang
<i>Sinarundinaria sp.</i>															No lanh anh	Mang lanh anh

■ Collecting period

Appendix E: Medicinal plant species collected in Tat

Scientific name	Tay name	Vietnamese name	Part used	Symptoms
<i>Cibotium barometz</i>	Cut luong	Cu ly	Root (tubers)	? (Chinese medicine)
<i>Adenosma glutinosum</i>	Co xop na	Nhan tran	Whole plant	To cool down body
?	San chua	?	?	Postpartum ailment
<i>Breynia fructicosa</i>	Co man	Bo cu ve	Whole plant	Improve appetite
<i>Homalomena acculta</i>	Bon hom	Thien nien kien	Tubers	Postpartum ailment
<i>Drynaria fortunei</i>	Bin ba	Cot toai boi	Tubers	Postpartum ailment
<i>Smilax glabra</i>	Khuc khac	Khuc khac	Tubers	Stomachache
<i>Connarus aff. C. oligophlebia</i>	Phuong chua	?	Tubers	Postpartum ailment
<i>Fallopia multiflora</i>	Hoc chac	Ha thu o	Seeds	Black hair
<i>Plantago mJOR</i>	Pac ma de	Ma de	Whole plant	Reduce fever
<i>Fisistigma pallens</i>	Chua khau vi	Cach thu bac	Stem	Postpartum ailment
<i>Ligusticum wallichii</i>	?	Xuyen khung	Tubers	?
<i>Amomum vilosilum</i>	Khinh ba	Sa nhan	Tubers	Improve appetite
<i>Angelica sinensis</i>	?	Duong quy	Tubers	Improve appetite
<i>Atractylodes macrocephala</i>	?	Bach truat	Tubers	Improve appetite
<i>Ocimum sanctum</i>	?	Huong nhu	Stem	Cough
<i>Mentha arvensis</i>	?	Bac ha	Stem	Symptom
<i>Glochidion lutescens</i>	Khot mot	?	Stem	Improve appetite
<i>Ageratum conyzoides</i>	Co hoi	Co hoi	Whole plant	?

Continued Appendix E

<i>Curcuma zedoaria</i>	?	Nghe den	Tubers	Good for blood
<i>Eleusine indica</i>	Goose grass	Co man trau	Whole plants	Good for hair
<i>Artemisia vulgaris</i>	?	Ngai cuu	Leaves	Headache
?	?	Ich mau	Whole plant	Improve appetite
<i>Glycyrrhiza glabra</i>	?	Cam thao	Stem/leaves	To cool down body
<i>Houtuynia cordata</i>	Cay la giap	Diep ca	Leaves	To cool down body
<i>Schefflera octophylla</i>	?	Ngu da bi	Tubers	Cough

■ Harvesting periods

Appendix F: List of wild animal species caught in Tat

Scientific name	Catching period												Vietnamese name	English Name	
	Sell	J	F	M	A	M	J	J	A	S	O	N			D
<i>Susrofa linnaeus</i>														Lon rung	Wild pigs
?														Khi	Monkey
?														Ga rung	Wild chicken
?														Chim	Wild bird
<i>Ratufa spp.</i>														Con soc	Squirrel
?														Con nhim	Porcupine
?														Chuot	Rat
?														Cua	Crab
?														Luon	Eel
?														Ech	Frog
?														Ca	Fish

■ Catching periods

Appendix G: Price of some forest and agriculture products in Tat hamlet

Type of products	Use	Selling price (1000 VND)	Unit
Forest Products			
Fern root	Medicine	5 – 7/ or 18-20	10kg (fresh)/or10kg (dry)
<i>Smilax glabra</i> (khuc khac)	Medicine	6 – 8/ or 12 - 14	10kg (fresh/ or dry)
Black ginger	Medicine	6 – 8	10kg
Chinese medicinal herb	Medicine	8 –10	1kg (dry)
Mushroom	Food	12 - 15	kg (dry)
Bamboo shoot	Food	6 – 10	10kg (fresh)
Ferns (Guot)	Make hat/bag	7 – 8	100 stems (lines)
Broom grass	Brush	9 – 11	10 kg (fresh)
Fuelwood		9 - 10	100kg (dry)
Palm leaves	Roofing	3 – 4	10 leaves
Green leaves	To wrap cakes	6 - 8	100 leaves
Bamboo (giang)	Cords or string	50 - 60	10 trees
Agriculture products			
Wet rice		150 -170	100kg
Upland rice		200 - 240	100kg
Arrowroot		35 – 40	100kg
Cassava		1.5 - 2	100kg
Ginger		14 – 16	10 kg
Maize		15 – 18	10 kg

Note: 1US\$ = 14,000VND



Landscape of the study area



Collecting fuelwood



Collecting medicinal plants (Cu ly – *Cibotium barometz*)



Processing collected medicinal products before selling (Cu ly – *Cibotium barometz*)



Collecting medicinal plants (Khuc khac – *Smilax glabra*)



Drying collected medicinal products before selling (Khuc khac – *Smilax glabra*)

Preparing palm leaves before selling (Co – *Livistona*)

Curriculum Vitae

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