

Thesis Title	Factors Predicting Counselors' Burnout in the Upper Northern Region of Thailand
Author	Miss Karnchanok Sae-oui
Degree	Master of Science (Counseling Psychology)
Thesis Advisor	Assistant Professor Dr. Teerawan Teerapong

ABSTRACT

The purpose of this research were to study factors predicting counselors' burnout and to study burnout, narcissism, and empathy in the counselors in the Upper North area of Thailand.

The research participants were 185 counselors who worked as professional psychologists and nurses in hospitals, drug dependence treatment centers, youth observation and protection offices, and penitentiaries in 8 Upper Northern provinces. The data were collected via the burnout and related factors assessment, and were analyzed with multiple regression method.

The research finding as follows:

1. There was only the narcissism personality able to significantly predict the burnout in counselors at .05 level ($R^2 = 2.8$)
2. The burnout and the narcissism levels of the counselors in the Upper Northern part of Thailand were low while the empathy level was medium.