

Thesis Title Communities of Practice of the Elderly and Health Promotion
Author Mrs. Chomporn Singen
Degree Master of Education (Health Promotion)
Thesis Advisory Committee

Assoc. Prof. Anek Changnoi Chairperson
Lect. Samart Srijumnong Member

ABSTRACT

This study was to investigate the gathering of the elderly using the concept of the community of practice and qualitative research in which informal interview and participant observation were used in the data collection before analyzing them in term of analytical description to illustrate the overall picture of the interrelationship among the aspects of community of practice. The findings reveal that reasons of the elderly in joining the group were to perpetuate the traditions, to obtain peace of mind, to have opportunity to interact with friends of the same age, and to make some supplementary income. The interrelation among the communities of practice was done through knowledge and people. The practice led to some self-identity construction whose evident was that of their dressing up in white to practice Buddhist dhamma in the temple. Other traits of identity were expressed through their still-looking manner or the preparation of the tools for the garlic thinning. Internal identity was characterized by their personal quality such as generosity, merit seeking mind, and devotion. The result of the practices increased the elderly's capacity in taking care of their physical, mental, and spiritual health.

Copyright© by Chiang Mai University
All rights reserved