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| Independent Study Title | Guidelines for Preventing Amphetamine Abuse of Automotive Major Students in Chiang Mai Technical College | | |
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Abstract

The purposes of this study were to examine the risky factors leading to amphetamine abuse and to find guidelines for preventing amphetamine abuse of automotive major students in Chiang Mai Technical College. The population in the study were 13 automotive major students who used to abuse amphetamine and 21 automotive instructors who were the experts giving suggestions in this study. The instruments used for collecting data were an interview form and a Delphi technique questionnaire. Data were analyzed through uses of frequency, median, mode, and inter-quartile. The results were as follows:

The first three most risky behaviors were a) staying up late, b) coming to class late, and c) showing sleepy in class.

Regarding the prevention of amphetamine abuse of automotive major students, the experts' opinions were in agreement with each other's recommendations and the recommendations on the guideline were rated high and very high important. The most important prevention guidelines is that the instructors, who are concerned with student's drug abuse, should inform the parents about student's behavior in order to solve the drug problems together. Another important prevention recommend is that all instructors should act as good role models by not smoking and not drinking in front of students. Finally, the toilets for instructors and for students should be close to each other so that students' behavior of drug abuse would be watched and remedied.