

**EFFECTS OF ECCENTRIC MUSCLE TRAINING ON ACHILLES TENDON**

**ADAPTATION OF HEALTHY PERSONS**

**ROONGTIP SUTEEBUT**

**MASTER OF SCIENCE**

**IN MOVEMENT AND EXERCISE SCIENCES**

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**THE GRADUATE SCHOOL**

**CHIANG MAI UNIVERSITY**

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**A THESIS SUBMITTED TO THE GRADUATE SCHOOL IN**

**PARTIAL FULFILLMENT OF THE REQUIREMENTS**

**FOR THE DEGREE OF**

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THIS THESIS HAS BEEN APPROVED  
TO BE A PARTIAL FULFILLMENT OF THE REQUIREMENTS  
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