

**EFFECTIVENESS OF BACK SCHOOL PROGRAM FOR  
WEIGHTLIFTERS WITH LOW BACK PAIN**

**ANCHALEE WANGKRASAE**

**MASTER OF SCIENCE  
IN MOVEMENT AND EXERCISE SCIENCES**

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**THE GRADUATE SCHOOL  
CHIANG MAI UNIVERSITY**

**AUGUST 2009**

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**A THESIS SUBMITTED TO THE GRADUATE SCHOOL IN  
PARTIAL FULFILLMENT OF THE REQUIREMENTS  
FOR THE DEGREE OF  
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