



ผลการศึกษาครั้งนี้ สามารถใช้เป็นข้อมูลสำหรับพยาบาลผู้รับผิดชอบดูแลผู้ป่วยวัณโรค  
ได้ตระหนักในความสำคัญของปัจจัยด้านการรับรู้ภาวะสุขภาพ การสนับสนุนทางสังคม เพื่อ  
เสริมสร้างพฤติกรรมการดูแลตนเองของผู้ป่วย ในการรักษาควบคุมวัณโรคปอดที่มีประสิทธิภาพ



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**Independent Study Title** Factors Related to Self – care Behavior of Tuberculosis  
Patients Receiving Treatment at Doisaket Hospital,  
Chiang Mai Province

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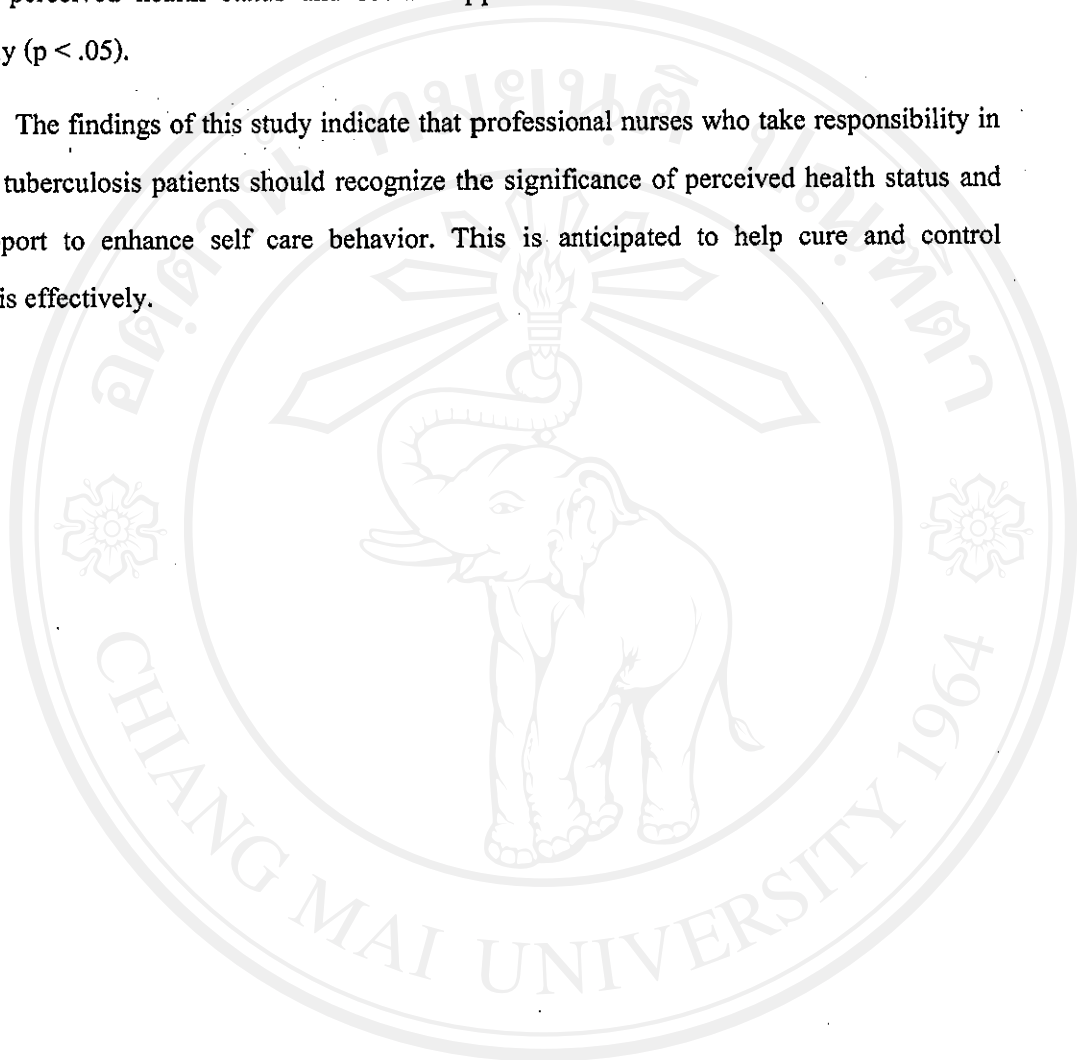
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**ABSTRACT**

Pulmonary tuberculosis is a disease that needs a long period of continuous treatment. Therefore, effectiveness of tuberculosis treatment depends on promoting patients to perform suitable self care behavior. The purposes of this descriptive study were to describe self care behaviors and related factors such as, perceived health status, social support, and to identify relationships among self care behavior, perceived health status and social support. The subjects were 112 tuberculosis patients receiving treatment at Doisaket hospital, Chiang Mai province. Data collection was carried out from January to March 2005. The instruments used for data collection was a questionnaire, which the content validity was confirmed through a panel of experts. Test reliability of this questionnaire was at an acceptable level (0.71-0.96). Data were analyzed by using descriptive statistics, and Pearson's product moment correlation coefficient.

The findings demonstrated that self care behavior was at a high level, perceived health status and social support were at a moderate level. Self care behavior was significantly related to perceived health status and social support at a low level and a moderate level respectively ( $p < .05$ ).

The findings of this study indicate that professional nurses who take responsibility in caring for tuberculosis patients should recognize the significance of perceived health status and social support to enhance self care behavior. This is anticipated to help cure and control tuberculosis effectively.



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